


Multisystemic Therapy (MST)

- Population: 12-17 years
- Referral based on adolescent behaviors of aggression, substance abuse, theft, arrests, antisocial behaviors, risk of out-of-home placement
- Program Information:
 - Follows the evidenced-based MST model monitored by MST Services
 - Identifies referral behaviors and drivers to those behaviors to develop individualized interventions
 - Provides individualized services to the entire family
 - Typically lasts 3-5 months
 - Multiple sessions weekly with a therapist that are between 1-2 hours each

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