

## Who is eligible for ACT services?

ACT serves people who have a severe and persistent mental illness that seriously impairs their functioning in the community. The individual must have one of the following diagnosis.

- **Schizophrenia**
- **Schizoaffective Disorder**
- **Other Psychotic Disorder**
- **Bipolar Disorder**
- **Major Depressive Disorder**

If you or someone you know is in need of ACT services contact one of our five locations today to setup an assessment.

**We are here to help!**

The mission of Start Corporation is to promote opportunities, which enhance the self-sufficiency of people to empower them to live and function independently.

### HOUMA OFFICE:

235 Civic Center Blvd. Houma, LA 70360  
Phone: (985) 333-2020

### NEW ORLEANS OFFICE:

2407 Baronne St., New Orleans, LA 70113  
Phone: (504) 332-8962

### ST. TAMMANY OFFICE:

1505 N. Florida St., Covington, LA 70433  
Phone: (985) 781-6080

### BATON ROUGE OFFICE:

9420 Lindale Avenue, Suite A  
Baton Rouge, LA 70815  
Phone: (225) 442-3540

### THIBODAUX OFFICE:

312 E. Bayou Rd., Thibodaux, LA 70301  
Phone: (985) 446-5244

The 2 page referral packet can be emailed or faxed to:

**[actreferrals@startcorp.org](mailto:actreferrals@startcorp.org)**  
**Fax: 225-377-4197**

**[www.startcorp.org](http://www.startcorp.org)**

# Assertive Community Treatment (ACT)

Start Corporation strongly believes in recovery, quality of life, respect, and personal choice for our clients and for everyone.

**START**  
CORP.

"CREATING OPPORTUNITIES"

# ACT

## WHAT IS ACT?

Assertive Community Treatment (ACT) is an evidence-based practice that improves outcomes for people with severe mental illness who are most at-risk of psychiatric crisis, hospitalization, homelessness, and involvement in the criminal justice system. ACT is one of the oldest and most widely researched evidence-based practices in behavioral healthcare for people with severe mental illness.

ACT takes therapy, medication management, and services a step further than integrated treatment. Combining the interdisciplinary fields that deal with mental illness and substance abuse, ACT helps a person outside of the hospital or rehabilitation center. This approach can be ideal for those with severe mental illness and addiction, or for those who have not typically responded well to outpatient therapy.

## ACT SERVICES:

- **In-home and community visits from Psychiatrists, Nurses, Social Workers, and other professionals**
- **Medication Management**
- **Service & Care Coordination**
- **Health & Wellness Promotion**
- **Individual and Family Support**
- **Assistance with Community Housing**
- **Social Services Resources**
- **Substance Abuse Services**
- **Vocational Services**
- **Wellness Activities**
- **Peer Support Services**

## OUR APPROACH

Assertive Community Treatment (ACT) is a multidisciplinary team approach with assertive outreach in the community. The consistent, caring, person-centered relationships have a positive effect upon outcomes and quality of life. People receiving ACT services tend to utilize fewer intensive, high-cost services such as emergency department visits, psychiatric crisis services, and psychiatric hospitalizations. They also experience more independent living and higher rates of treatment retention.

**ACT services clients that meet qualifications and are age 18 and older. Client must also have Medicaid with Specialized Behavioral Health Coverage.**