


FFT Programs

- **Functional Family Therapy (FFT)**
 - Population: 10-18 years
 - Referral based on adolescent behaviors
- **Functional Family Therapy-Child Welfare (FFT-CW)**
 - Population: 0-18 years
 - Referral based on parent behaviors
- **Functional Family Therapy-Early Intervention (FFT-EI)**
 - Population: 6-11 years
 - Referral based on adolescent behaviors
- **Program Information:**
 - Follows the evidenced-based FFT model developed by FFT, LLC
 - Has 5 major phases: engagement, motivation, relational assessment, behavior change, and generalization
 - Provides individualized services to the entire family
 - Typically lasts 3-6 months
 - Weekly sessions with a therapist that are between 1-2 hours

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