

PROVIDING  
OPPORTUNITIES  
FOR PEOPLE  
WHO NEED  
PEOPLE.

SINCE 1984



START  
CORP.

"CREATING OPPORTUNITIES"

*The mission of Start Corporation is to promote opportunities, which enhance the self sufficiency of people who are impaired in their abilities to live and function independently.*

**CONTACT US:**

**www.startcorp.org  
(985) 266-1028**

**106 School Street  
Houma, LA 70360**

**Youth & Family Referrals  
can be emailed to:  
Houmareferrals@startcorp.org**

START CORP.

YOUTH & FAMILY SERVICES

# START CORP. YOUTH & FAMILY SERVICES

## YOUTH SERVICES

### PATHWAYS

Services for juvenile's charged with a sex offense or inappropriate sexual behaviors.

### INDIVIDUAL COUNSELING

One-on-one counseling sessions provided in an office or clinic setting. After hours appointments available.

### TRAUMA-FOCUSED THERAPY

Services for youth that have experienced trauma.

## ACCEPTING NEW REFERRALS:

Call or email us today to make a referral.

[Houmareferrals@startcorp.org](mailto:Houmareferrals@startcorp.org)

**(985) 266-1028**

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Houma, LA 70360

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## EVIDENCE BASED PRACTICE

### FUNCTIONAL FAMILY THERAPY (FFT)

Youth and family therapy provided in the home. This service is available to people with youth ages 10-17.

### FUNCTIONAL FAMILY THERAPY CHILD WELFARE (FFT-CW)

Youth and family therapy provided in the home. The goal is to prevent out of home placement. This service is available to people with youth ages birth through 17.

### FUNCTIONAL FAMILY THERAPY EARLY INTERVENTION (FFT-EI)

Youth and family therapy provided in the home. This service is available to people with youth ages 6-11.

### HOMEBUILDERS FAMILY PRESERVATION

In-home intensive services to prevent foster care placement, hospitalization, or detention. This evidence-based practice is available from birth through 17 years' old.

### MULTISYSTEMIC THERAPY

The goal of MST is to reduce youth criminal activity, substance abuse and antisocial behavior through an integrative, cost-effective, family-based treatment. Ages 12-17.

## GROUP OPTIONS

### ADOLESCENT SUBSTANCE ABUSE PROGRAM

A 13-week intensive program for adolescents ages 13-17 who are struggling with substance use or abuse.

### PARTNERS IN PARENTING

An 8 session parenting program designed for all caregivers, including those facing DCFS and/or OJJ involvement. Group sessions focus on providing support and teaching effective parenting skills to help build stronger, happier families.

### EMOTIONAL REGULATION SELF-MANAGEMENT GROUP

#### (Anger Management)

8 session emotion regulation group for adolescents ages 12 and up, focusing on learning and practicing self-regulation skills. The goal for this group is to help teens learn about and control difficult emotions as well as improve their self-view and relationships.