

Adolescent Substance Abuse Program

- 13-week intensive program
- Adolescents ages 13-17 who are struggling with substance use or abuse
- Uses motivational enhancement and cognitive behavioral approaches which include parent education groups, adolescent treatment groups, individual sessions, and family sessions
- All groups are facilitated by Licensed Mental Health Professionals

Goals of the program:

- Give adolescents the structure and knowledge to evaluate their alcohol and/or drug use
- Harm-reduction
- To build a supportive environment while working toward and maintaining abstinence

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